

## A DNA Group:

- meets once a week for about an hour.
- consists of 2 or 3 people. The addition of a fourth is the beginning of a second group.
- is gender specific.
- needs no curriculum, workbook, or training.
- needs no leader.
- does only these three things:

### Discover : Study and Ask

Led by the Holy Spirit, the group will study the Bible and ask the 4 Questions. The goal is to teach the head.

### Nurture : Repent and Believe

Led by the Holy Spirit, the group will repent and believe the gospel. The goal is to shepherd the heart.

### Act : Consider and Pray

Led by the Holy Spirit, the group will identify and pray for individuals who are not yet following Jesus. The goal is to empower the hands.

### Who should join a group?

There are only two qualifications for starting or joining a DNA group.

1. A desperate need for Jesus (Luke 5:29-32).
2. Faithfulness to the process (2 Tim. 2:2).

These two criteria help the group provide healing for hurting people and health for helping people. Compromising either of these principles will compromise the effectiveness of the group.



PO Box 292

112 Hurontario St

Collingwood, Ontario L9Y 2L8

(705) 444-9110

info@livingfaithcc.org

www.livingfaithcc.org

# DNA Groups

Discover.

Nurture.

Act.

A DNA Group is a simple way to release the essential elements of spiritual health. It is a simple tool to encourage and support people to follow Jesus by fueling internal motivation rather than applying external pressure. This tool empowers the common Christian to do the uncommon work of producing disciples who reproduce disciples.



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## Discover : Study and Ask

Come prepared to share a journal of what you learned in the 1-30 chapters of Scripture you read the past week. Then share specifically how you can obey what you have learned from the Bible in the coming week. We recommend you use the following 4 questions to guide your study:

### The 4 Questions

#### 1. WHO IS GOD?

What does the text say about the character and nature of God? The story is about Him! Look for specific references to his attributes.

#### 2. WHAT HAS HE DONE?

What does the text say about the work of God? The person and work of Jesus is revealed on every page of the Bible (Luke 24:27). He is the hero and the main character. The Spirit does not want us to miss Jesus!

#### 3. WHO ARE WE IN LIGHT OF THAT?

What does the text say about our identity? God has always been working to save “a people for his own possession.” (1 Peter 2:9) Throughout the Bible, note the things that are true of God’s people.

#### 4. HOW DO WE LIVE?

In light of all of this, how does it change the way we live? Too often our Bible study starts here. Rather than starting with this question, end with it.

## Nurture : Repent and Believe

Christians need one another. There is strength in relationships that are built around supporting one another

1. How has your anger or fear or anxiety or addiction shown up this week? How does that reveal what you’re trusting in besides God?

2. How have you wasted time?
3. How have you felt yourself resisting obeying God this week: in your mission to the lost? In your sacrificial love for the community?

4. In light of God’s love toward you, do you need to reconcile with somebody? Are you subconsciously holding a grudge? How have you battled sexual or intimacy temptation and how are you preparing to deal with it next week?

5. How has the Holy Spirit been testing and growing you this week? Did you respond in faith or grumbling?
6. Is anything (school, work, technology, etc.) isolating you from important relationships?

7. Lord, I pray that \_\_\_\_\_ (Your personalized question)

8. Lord, I pray that \_\_\_\_\_ would put all of his/her trust in Christ (John 1:12; 5:24).

## Act : Consider and Pray

Each person identifies 1-3 people who need Jesus. The group prays for opportunities to share the gospel in the coming week.

1. I pray, Lord, that You draw \_\_\_\_\_ to Yourself (John 6:44).

2. I pray that \_\_\_\_\_ seeks to know You (Acts 17:27).
3. I pray that \_\_\_\_\_ hears and believes the Word of God (1 Thess. 2:13).
4. I command Satan to stop blinding \_\_\_\_\_ to the truth (2 Cor. 4:4; 2 Tim. 2:25-26).

5. Holy Spirit, I ask You to convict \_\_\_\_\_ of his/her sin and reveal his/her need for Christ’s redemption.
6. I ask You to send someone who will share the Gospel with \_\_\_\_\_ (Matt. 9:37-38).
7. I also ask that You give me (and/or my fellow disciple) the opportunity, the courage, and the right words to share the truth with \_\_\_\_\_ (Col. 4:3-6; Eph. 6:19-20).

8. Lord, I pray that \_\_\_\_\_ turns from his/her sin (Acts 17:30-31; 1 Thess. 1:9-10).
9. Lord, I pray that \_\_\_\_\_ would put all of his/her trust in Christ (John 1:12; 5:24).

10. Lord, I pray that \_\_\_\_\_ will confess Christ as Lord of his/her life, take root and grow in his/her faith, and bear much fruit for Your glory (Rom. 10:9-10; Col. 2:6-7; Luke 8:15).